

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Walton County School District
Superintendent of the School District	A. Russell Hughes
Implementation Period: (MM/YY – MM/YY)	08/19 - 05/20
Submission Date to the Commissioner	12/1/2019
Direct URL to the Implementation Plan as posted on the school district website	https://walton.k12.fl.us/
School District Contact(s) for this Plan <i>(name and email address)</i>	Crystal Appel appelc@walton.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input checked="" type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input type="checkbox"/> Other			
<u>Please explain the rationale for delivering the instruction in the courses selected above for each grade level.</u>			
<p>Grades 6-12: Walton County School District will annually provide a minimum of five (5) hours of instruction to students in grades 6-12 related to youth mental health awareness and assistance, including suicide prevention and the impacts of substance abuse. Using the health education standards adopted in Rule 6A-1.09401, the instruction for youth mental and emotional health will advance each year through developmentally appropriate instruction and skill building. These standards will be implemented in the selected courses above to ensure instruction is delivered to all students. Course(s) for delivery will be determined by each site.</p>			
<u>Please describe the methods for delivering the instruction for each grade level.</u>			
<p>Grades 6-12: Instruction will be delivered in whole group lecture, groups and individually. Instructors will utilize district selected programs for instruction with facilitated discussions and lessons.</p>			
<u>Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.</u>			
<p>Grades 6-12: <i>Second Step</i> (Grades 6-8) and <i>Ripple Effects</i> (Grades 9-12) resources include specific practices for building awareness of, modeling, and eliciting social-emotional and mental health competencies, and addressing behavioral issues in Language Arts/Social Studies, Sports, and Advisory settings. These student programs can be used directly in regular academic classrooms, where specific lessons and learning activities can be matched to national and state Language Arts, Social Studies, Service Learning, and Health Education standards.</p>			

